## WEEKDAY AND SUNDAY MASS INTENTIONS

24th March - PALM SUNDAY

6.30 p.m. Vigil Mass - David Reilly RIP
9.30 a.m. MASS - Celine Fernando RIP
11.30 a.m. MASS - People of Parish
6.30 p.m. MASS - John Gallagher RIP

Monday 25th March

9.00 a.m. MASS - Pamela McKee RIP

Tuesday 26th March NO MORNING MASS

Wednesday 27th March NO MORNING MASS

HOLY THURSDAY 28th March 8.00 p.m. MASS OF THE LORD'S SUPPER - Michael Hindley INT

> GOOD FRIDAY 29th March THE PASSION OF THE LORD JESUS CHRIST with veneration of the Cross at 3.00 p.m.

> > Saturday 30th March NO MORNING MASS

10.00 a.m. - 11.00 a.m. CONFESSIONS

7.00 p.m. THE EASTER VIGIL

Nathan Barnes INT

31st March EASTER SUNDAY

9.30 a.m. MASS - Kieran Levis RIP 11.30 a.m. MASS - Brian Brumant RIP

NO EVENING MASS

Brentwood Diocesan Trust - Registered Charity No. 234092



ourladyoflourdeswanstead.com



# **Palm Sunday**

"Today we gather together to herald with the whole Church the beginning of the celebration of our Lord's Paschal Mystery, that is to say, of his Passion and Resurrection."

### 24th March 2024

Parish Priest
Father Martin Boland

Telephone: 0208 989 2074 Email: wanstead@brcdt.org

51 Cambridge Park, Wanstead, London E11 2PR

### **GENERAL PARISH NEWS**

#### **HOLY WEEK SERVICES 2024**

#### 24th March PALM SUNDAY

Mass times: 9.30 a.m., 11.30 a.m. (Please gather outside the Convent of Mercy, Cambridge Park at 11.20 a.m.) and 6.30 p.m.

Monday 25th March 9.00 a.m. Mass

Tuesday 26th March NO MASS ECUMENICAL STATIONS OF THE CROSS at 7.00 p.m. led by the Rev James Gilder, Rector of Wanstead.

# Wednesday 27th March NO MORNING MASS

CHRISM MASS 11.00 a.m. at Brentwood Cathedral
The Bishop, joined by the priests of the diocese, gather together
to manifest their unity. During this Mass, the Bishop blesses
three oils: the oil of catechumens, the oil of the infirm and holy
Chrism which will be used in the celebration of the sacraments
throughout the Diocese in the coming year.

# THE EASTER TRIDUUM: Holy Thursday, Good Friday and Easter Sunday

These three days (the Triduum) are the most sacred days in the Church's year as we participate in the saving events of Christ's death and resurrection. Although spread over three days the liturgies form a single unity and calls us to be especially generous in participating in them and giving our time to Christ.

### **HOLY THURSDAY 28th March**

MASS OF THE LORD'S SUPPER WITH WASHING OF FEET at 8.00 p.m. followed by watch at the Altar of Repose until midnight.

In this celebration we give thanks for the new Passover, the Eucharist, where Christ gives us Himself to liberate us from sin and death so that we can "pass over" with Him to the Father in the power of the Holy Spirit.

## **USEFUL PARISH CONTACTS**

Pastoral Assistants - Carmel Docherty Tel: 07906 406938 Frank Adesegha adesegha@aol.com

Parish Secretary - Eileen Crotty wanstead@brcdt.org Tel: 0208 989 2074

Chair of Parish Council - Fiona Christison flumblefly@hotmail.com Tel: 07812 766082

OLOL Site Manager - Bernie Dando BernadetteDando@brcdt.org

Pastoral Centre Caretaker - Camille Mouquet Tel: 07442 118589 (Text messages preferred)

Catechetical Co-coordinator - Michaela Mouquet wansteadcatechist@brcdt.org

To register as a new parishioner - Tricia Webb wansteadregistrar@brcdt.org

Headteacher OLOL School - Ruth Boon admin@ourladyoflourdes.redbridge.sch.uk Tel: 020 8989 9521

Finance and Gift Aid Queries - Bob Fox wansteadfinancegiftaid@brcdt.org







It's easy to talk about "welcome" in general terms but, for example, we can sometimes sit beside the same people at Sunday Mass and yet, not know their names, let alone their stories. Do you have any practical suggestions as to how we might ensure that everyone might receive a warm welcome and feel recognised? Would you like to be part of the conversation and help shape this vital aspect of our parish life?

If so there will be an informal meeting on Saturday 8th June 9.00—10.30 a.m. in the parish centre to think a little more deeply about the quality of our "welcome" in the parish. All are welcome.

**CONFESSIONS** every Saturday morning 10.00-11.00 a.m. Please check newsletter for any changes.

PLEASE PRAY for the repose of the soul of Paul Oryang whose Funeral Mass will take place on Wednesday 3rd April at 11.00 a.m. followed by committal at City of London Cemetery at 12.30 p.m.

If YOU ARE A TAXPAYER, PLEASE GIFT AID YOUR OFFERING
If you haven't entered the Gift Aid scheme, but donate by
standing order or regularly donate cash at the offertory without
using Gift Aid envelopes, we would request that you consider
joining the scheme. It is very simple to do, just take and
complete one of the Gift Aid forms available at the back of the
Church so that we can enroll as many people as possible in time
for the new financial year. For further information or any
questions, please contact Bob Fox at wansteadfinancegiftaid@
brcdt.org

**SICK LIST** A list of the sick and housebound can be found at the entrance to the Church.

VACANCY Ursuline Links: Youth Volunteer Programme are recruiting for a Director, working in Forest Gate, London. If you feel you have the relevant skills and experience to fulfil this role, please send your CV to <a href="mailto:officemanager@ursulines-ru.uk">officemanager@ursulines-ru.uk</a> All suitable applicants will be sent an application form to complete. Closing date 19th April 2024

6

GOOD FRIDAY 29th March—day of fasting and abstinence "By his wounds, we are healed."

Walk of Witness leaving at 10.00 a.m. from United Reform Church, Nightingale Lane to Our Lady of Lourdes Church.

THE PASSION OF THE LORD JESUS CHRIST with veneration of the Cross at 3.00 p.m.

**RETIRING COLLECTION** today to support the sacred sites of the Holy Land.

7.00 p.m. Stations of the Cross

HOLY SATURDAY 30th March 10.00 a.m. — 11.00 a.m. CONFESSIONS

### THE GREAT AND HOLY VIGIL OF EASTER at 7.00 p.m.

This liturgy (the highpoint of the Church's year) speaks of the joy and new life we find in Christ's resurrection not only with words but with music, fire, light, the waters of baptism, holy oils. Tonight we welcome men and women into our community as they receive the sacraments and become our brothers and sisters in Christ. With deep and profound joy, we sing and pray together:

Jesus Christ, our King, is risen! Darkness vanishes forever!
Alleluia! Alleluia!

PLEASE MAKE A VERY SPECIAL EFFORT TO ATTEND THE

EASTER VIGIL

### 31st March EASTER SUNDAY

Mass times: 9.30 a.m. and 11.30 a.m.

**HOLY WEEK POSTERS** are available at the entrances to the Church. Please take one to place in your window.

**ECUMENICAL STATIONS OF THE CROSS** led by the Rev. James Gilder, the Anglican Rector of Wanstead will take place at Our Lady of Lourdes Church at 7.00 p.m. on Tuesday 26th March. Please make a very special effort to attend this Stations of the Cross.

**LENT RECONCILIATION SERVICE** at SS Peter & Paul's Church, Ilford on Monday 25th March at 7.00 p.m.

HOLY WEEK: ALTAR SERVERS are invited to sign up for Holy Thursday, Good Friday and Holy Saturday. Rehearsals for Holy Thursday and Good Friday will be at 2.00 p.m. on Palm Sunday. For the Easter Vigil, rehearsal will be at 10.00 a.m. on Holy Saturday.

HOLY COMMUNION UNDER BOTH KINDS Jesus says to us "I am the bread of life. No one who comes to me shall ever be hungry, no one who believes in me shall ever thirst." (John 6:35) and at the Mass of the Lord's Supper on Holy Thursday, communicants will be offered the possibility of receiving both the Body and Precious Blood of Jesus from the chalice. It is entirely up to an individual whether they choose to do so or not. Of course, the whole and entire Christ is fully, truly and substantially present in either form. However, the "meaning" of Holy Communion, Christ's commandment "to eat His Body and drink His Blood", is more clearly expressed when given under both kinds.

Of course, if you have a cold or any other potentially infectious ailment, you shold refrain from receiving the Precious Blood from the chalice.

This is also an opportunity for us to remember to receive Holy Communion with reverence and care because our outward physical attitudes express our interior, spiritual disposition. Our "Amen" in response to "the Body of Christ" and "the Blood of Christ" is expressed with our bodies and souls as much as with lips.

Please make sure that you consume the Body of Christ as soon as you receive the host and do not wander off with it in your hands.

Finally, if you are not a baptised Catholic and have not made your Holy Communion or if there is some other reason that prevents you from receiving Communion, please come up for a blessing and indicate this by placing your hands across your chest.

**EASTER OFFERINGS** are your gift to the parish priest. For those who are tax payers and might wish to Gift Aid their offering, envelopes are available at the entrance to the Church. If you normally give your Sunday offering by envelope, you may wish to use the envelope in your box.

**EASTER RAFFLE** Draw to be held on Easter Sunday for:

1st Prize: £200 Cash

2nd Prize: £ 75 Cash

3rd Prize: Easter Hamper

Plus many more great prizes. For a chance to win, tickets will be on sale at £2 per ticket in the porch after all Sunday Masses (including Saturday evening). Please support our social committee. Thank you.

POLISH BLESSING OF EASTER FOOD BASKETS takes place on Saturday 30th March at 10.00 a.m. at SS. Peter & Paul's Church, Ilford and at 12 noon at St Anne Line church, South Woodford. Wesołego Alleluja

**BRITISH SUMMER TIME** begins at 1.00 a.m. on Sunday 31 March. Clocks go forward one hour.

**LAETARE WEEKEND AND THE FOLLOW UP** Thank you to everyone involved in the *Laetare Weekend* and, especially, the Sion community who were such generous spiritual guides. We pray that the blessings we received as individuals and as a community may produce spiritual fruits in the future.

The importance of ensuring that welcome and hospitality have a central place in the life of our community was a concern expressed by a number of parishioners.