

WEEKDAY / SUNDAY MASS TIMES & INTENTIONS

SEVENTH SUNDAY OF EASTER (B) World Communications Day

SUNDAY 16 th May	8.00am	Michael Butterworth
	9.30am	Isa Martinez
	11.30am	Anthony Walsh
	6.30pm	Eileen Warren

{11.30am Live Streamed www.tiny.cc/OLOLE11}

FERIA

MONDAY 17 th May	9.00am	MASS - Roger Cattermour
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FERIA

TUESDAY 18 th May	9.00am	MASS - Gordon Scott
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FERIA

WEDNESDAY 19 th May	9.00am	MASS - Intentions Des & Carmel Dinan
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FERIA

THURSDAY 20 th May	9.00am	MASS - Arthur Duffy
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FERIA

FRIDAY 21 st May	9.00am	MASS - Madge & William Fowler
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FERIA

SATURDAY 22 nd May	9.00am	MASS - Michael McCarthy
	6.30pm	MASS - Yolanda Salvatore Duranti

PENTECOST SUNDAY (B)

SUNDAY 23 rd May	8.00am	Intentions Sheila Betson
	9.30am	Anthony Walsh
	11.30am	Intentions Douglas McLoughlan
	6.30pm	Carmel Benson

{11.30am Live Streamed www.tiny.cc/OLOLE11}

OUR LADY OF LOURDES

Seventh Sunday of Easter

16th May, 2021



"He was taken up into heaven: there at the right hand of God he took his place."

PARISH TELEPHONE NUMBER - 020 8989 2074

E-mail: wanstead@dioceseofbrentwood.org

Website: www.ourladyoflourdeswanstead.com

Parish Facebook: www.facebook.com/OLOLE11

YouTube Channel: www.tiny.cc/OLOLE11

Pastoral Team - Reverend Patrick J. Sammon, Adrian Lowe

Pastoral Assistants - Carmel Docherty, Frank Adesegeha.

Chair of Parish Council - Fiona Christison

OLOL Site Manager - Bernie Dando

Pastoral Centre Caretaker - Camille Mouquet

Catechetical Co-ordinator - Michaela Mouquet

Headteacher OLOL School - Ruth Boon

Steward of the Gospel - Anne-Marie Fox

Father Adrian Reflects


Looking Back/Looking Ahead.

It has very much a part of our Catholic tradition to do an 'examination of conscience' at the end of the day - to look back and see where we might have done better and to then say sorry to God. It is a good way to end the day but perhaps we can develop this practice further by taking a few hints from Saint Ignatius on how to do what he called the 'Examen.' Examen is Spanish for examination.

The Examen prayer is much more than just an examination of conscience: rather it encourages us to look at the deeper meaning of our day and where we have responded to God and where we have missed the opportunity to accept a grace from him. Traditionally, the Examen has five steps and there are several different versions we can find if we look online. Here is one that I like, notice that it includes giving thanks for gifts received and also a look ahead at tomorrow and where we might need God's help.

- 1. Recognise the Blessings. We start by acknowledging that God is here with us and allowing ourselves to feel his presence. We then give thanks for the blessings that we have received today, we think about what God has given us and done for us and we relish and savour each one, each wonderful experience.*
- 2. Request that the Holy Spirit Guides Us. We ask the Holy Spirit to help us look over our day. We ask his help so that we see our day as he does.*
- 3. Replay the Day. Now, with Jesus, we play back our day as if we are watching a film, playing back each scene and allowing Jesus to highlight the moments he wants to review. He may call out some areas where we did well, but also the areas that need some improvement. We particularly look for these moments where we fell short and discuss those with Jesus. We can ask yourself these questions as we review our day: Where did I best reflect Christ today? Where did I bring joy to someone? Where did I feel the most joy? What moment today would I most like to change? When did I least reflect Christ? What made this moment so difficult?*
- 4. Repent. We say sorry for where we have fallen short today, expressing our sorrow in whatever words we find comfortable.*
- 5. Looking Ahead. We look ahead to tomorrow and ask if there is something that we might need help with. We talk with God about tomorrow, we ask for help in any areas where we might have a difficulty and perhaps resolve to handle a situation in a particular way or to do or not do something.*

PARISH FINANCES - PAYMENT METHOD

Contributions to the parish can be made via the Diocesan website at: www.dioceseofbrentwood.net/donations/?parish=wanstead or by scanning the following QR code with your smartphone and selecting "General Offertory". You can, if you prefer,  make a payment directly into the parish bank account using online banking. You will need to set up the OLOL Wanstead Parish as a payee on your online banking app or internet page. The Parish Bank details are as follows -Bank: HSBC
Account Name: Catholic Church Wanstead Our Lady of Lourdes
Account number: 71018973 Sort Code: 40-13-22

RETURN OF OFFERTORY ENVELOPES

These may be posted through the letterbox of the door of the presbytery. If you haven't received your offertory envelopes in the post please contact Bob Fox by email at wansteadchurch@gmail.com.

PLEASE REMEMBER TO WEAR YOUR FACE COVERINGS WHEN ATTENDING MASS AND SANITISE YOUR HANDS ON YOUR ARRIVAL AND AS YOU LEAVE THE CHURCH. IF YOU HAVE THE NHS COVID 19 APP ON YOUR SMARTPHONE, PLEASE SCAN THE CHURCH QR CODE EVERY TIME YOU VISIT THE CHURCH.



BAPTISMS

Baptisms may be booked now. No more than six people are allowed to attend including baby.

WEDDINGS

Numbers attending restricted to 15 people.

FUNERALS

Numbers attending restricted to 30 people.

CHURCH (MASSES)

Maximum 130 people in order to maintain social distancing.

SOCIAL COMMITTEE NEWS

The Social Committee is pleased to announce the following events and do hope that you will be able to join us on these occasions. Community open Air Mass and Parish Picnic 27th June 11.30am – 3pm at Eaton Manor Rugby Club, Nutter Lane, Wanstead. The Rugby Club will have an outside bar available after Mass so we kindly request that alcohol is purchased at the venue and should not be brought in by yourself. Parking is restricted and we would encourage you to walk or park on the road before entering the grounds. Cake Sale 26th September after 9.30 am Mass – donations will be gratefully received from 9am on the day. Autumn Fayre on the evening of 6th November and 7th November – further details will follow nearer the time. Carol Service 19th December 7.30pm. We do hope to run other musical events later in the year so please keep an eye on the newsletter.

STATUE OF OUR LADY OF LOURDES

For many years statues of Our Lady of Lourdes and St Bernadette were positioned in the garden adjacent to the church. They were relocated to the strip of land at the side of the church – parallel to Dangan Road. Due to security, health and safety issues the gate leading to the shrine has to be kept locked. These two statues have sadly now come to the end of their life and are beyond repair. They are made of fibre glass. The following which has been agreed by the Parish Council is suggested

1. To replace the statues of Our Lady of Lourdes and St Bernadette with new statues
2. To relocate the shrine to bring it forward nearer to the gates and side door of the church
3. This project to be in thanksgiving to our Blessed Lady of Lourdes, patroness of our parish for the protection of our community during the Covid 19 Pandemic

The fundraising for this project is now open. Cheque payable to Our Lady of Lourdes Parish or you may pay direct into the parish bank account: HSBC, Account Name: Catholic Church Wanstead Our Lady of Lourdes. Account number: 71018973. Sort Code: 40-13-22 Do please gift aid your donation if you are a tax payer, it means we receive 25p in every pound donated back from the Revenue eg., £5 becomes £6.25; £10 becomes £12.50; £11 - £125 and so on. So it makes good sense to gift aid your donation.

We can do the Examen prayer every day or twice a day, stopping for a few moments before lunch to take stock of what has been happening and how we are responding to God as well as doing the same before sleep. If we have longer than a day between our Examen we can look back over the entire time since our last examination - giving thanks for everything in the past few days, weeks, months or even years!

The Examen is a flexible prayer that can enrich our spiritual lives, if you decide to give it a go then I hope that it brings you even closer to the Lord and into an even deeper friendship with him.

*God bless
Father Adrian*

CONFIRMATION

Next Sunday is the feast of Pentecost. Father Pat will confer the Sacrament of Confirmation at 9.30am, 11.30am and 6.30pm Masses. Please pray for the young men and women being confirmed.

CAFOD – PARISH PROJECT

Our Cafod parish project ended at Easter and a cheque for £12,465.15 has been forwarded to Cafod for the people of Magdalena Medio in Columbia. Our thanks to Pat Pugh and team for their work on behalf of Cafod and this project in particular. Pat Pugh has asked to step down now as Cafod CO-ordinator after 20 years' service. I thank her on behalf of the parish for her wonderful work for this worthwhile organisation, who cater for the poorest of the poor.

**Would anyone be interested in taking on the role of Co-ordinator?
If so contact one of the priests.**

ALTAR SERVERS

We are now in a position to allow up to four servers to serve at Sunday Mass within current Covid guidelines. There will be a volunteer list covering five weeks in advance to allow those who wish to serve to do so. Parents please contact the Paul Millen the Parish MC on mc@cololwanstead@yahoo.co.uk to put your child forward and for details.

ROSARY

Pope Francis has requested that the rosary is recited during the month of May at Marian shrines and churches to ask the intercession of Our Lady for an end to the pandemic. We shall recite the rosary on Tuesdays and Fridays after Mass in our church.

IT'S TIME TO COME BACK TO MASS

The obligation for Catholics to attend Sunday Mass has been suspended by the Conference of Bishops until further notice. People are not obliged to come to Mass and it is sensible to care for your health especially if you have underlying health issues and are vulnerable. Having said that there are now positive signs that the pandemic is easing in the UK – pubs, shops, clubs are reopening and schools are fully operational. Our church is sanitised from stem to stern. All requirements for health and safety, sanitising, social distancing are in place. So please do consider coming back to Mass. You can come to weekday Mass Monday to Saturday at 9am or the Sunday Masses. It is sufficient from the point of view for obligation to attend one Mass a week. Do start coming back to church and play your part in the worshipping community.

PRAY FOR THE SICK & HOUSEBOUND

Robert Britt-Hazard, Steve Britt-Hazard, Justina Paul, Anne Silcock, Olive Flynn, Bridie Connolly, Glafira D'Souza, Violet Rutledge, Mary P. Sullivan, Bridie Halligan, Mikey McDonagh, Sandra Samler.
{If you wish to include the name of a sick and housebound person, please contact the parish office}.

THE URSULINE ACADEMY ILFORD

Teacher of History (ideal for an NQT)

Start: September 2021

Closing Date: noon, Thursday 24 May 2021

For further information please visit: uai.org.uk/about/vacancies

POINTS TO PONDER

When you reach the end of your rope, tie a knot in it and hang on.

Life is what happens when you are busy making other plans.

Advice is what we ask for when we already know the answer but wish we didn't! The greatest glory in living lies not in never falling but in rising every time we fall.

READERS, EXTRAORDINARY MINISTERS OF COMMUNION, SINGERS, ALTAR SERVERS If you have not exercised your ministry for some time please consider coming back to Mass to do so. To get back on the Rota, readers contact Paul Godin, Ministers of Communion contact Kai van Beers. Singers and Musicians contact Roderick Sime for 11.30 Mass and Raphaela Derrick for 9.30 Mass and Paul Millen for Alter Servers. **We need your ministry in the Church.**

RECLAIM OUR COMMON HOME

During 2021 Britain will be hosting two major international conferences – the G7 Annual Meeting in Cornwall 11-13 June, where leaders will discuss how to rebuild from the pandemic, and the UN COP26 Climate Talks in Glasgow 1-12 November where world leaders will meet to agree on next steps needed to tackle the climate crisis. You are invited to sign a petition asking the Government to put the climate crisis, and those people most affected by it, at the heart of the talks. Please go to CAFOD.org.uk/reclaim or take a petition card from the CAFOD noticeboard in the church porch.

IS YOUR CHILD 3 OR 4 YEARS OLD?

Our Lady of Lourdes Nursery school is currently allocating places for September. We offer morning and afternoon sessions as well as a limited number of all-day places. Our Nursery provides a stepping stone for excellence with outstanding teaching in a natural environment that has been refurbished. Children lead their hands-on learning through Messy Play, Forest School, Art, Puppetry, Construction, Role Play and lots more to fire their imagination and lay the foundation for lifelong learning. You only have to see our children's happy smiles to know that they enjoy learning and socialising with their friends. We believe that learning outdoors, being in a natural environment and exploring our world, allows the children to develop holistically. Please contact the school office on 0208 989 9521 for details.

DRAMA FOR CHILDREN

Hello! My name is Antonia, I'm a member of this parish, an acting coach and drama teacher and from Friday 11th June I will be teaching regular termly drama classes for 6-8yr olds (4-4.50pm), and for 9-11yr olds (5-5.50pm) at St Gabriel's Church Hall in Aldersbrook. I'm offering a free trial class that can be booked via the website and there is also a waiting list for LAMDA acting exam preparation classes that I'm starting later in the year that can be accessed on the site. Please have a look at the website for testimonials and more information about me and the classes. All the info and more is on my website at: www.antoniodoggett.co.uk/classes-for-children