

# Our Lady of Lourdes Parish Wanstead

4<sup>th</sup> Sunday in Ordinary Time (B)

31<sup>st</sup> January 2021

Newsletter



Fr Patrick Sammon & Fr Adrian Lowe

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YouTube Channel <http://tiny.cc/OLOLE11>

Dear Friends

“Remedy” by Gabriela Orozco

- A remedy of upright trees and room to breathe

The blossoms beckon, blooming city blocks call my granny from a continent away  
I send her pictures of the sidewalks

Despite the time difference, I pray that I remember it regardless, that my remedy  
won't wake her up.

She misses springtime here, and for the first time in seventy six years  
she lights the Shabbat candles alone, her blessings warming an empty home

- A remedy of sunshine, soft hands, and bike rides

The silence of this city is soothing  
A lullaby of red lights, marble, limestone and living room folding parties.

- A remedy of small children, sweet rain and a welcome storm  
A remedy of daffodils sprouting, dizzy spinning and an electron dance

My sister and I p\*\* ourselves with laughter We play pretend, put our wheels together  
Pillows on the couch, anything to avoid this disaster:

- A remedy of sisterhood, a shehechyanu (how lucky we are to be together), a psalm and soothing balm

My family holds me tight,  
A hug wrapped in a place to sleep each night the Shema reminds me to keep it on  
my lips I forget the words, the Hebrew forms itself into fragile shapes and twists.  
I rip the blinds open, shelter in the holiness of light I have no synagogue to go to,  
The doors of the ark shuttered closed  
A Shabbat of loneliness  
The minyan consists of my mother and some memories  
My own prayers and whispered pleas

- A remedy of peace, prayers texted to my rabbi of restless practice, rustling leaves, and a world repaired again

We relight the candles  
My mother recites the priest's blessing, But none of us are priests or priestesses  
We're just souls on fire, faithful to an extent dressed in pyjamas and princess dresses  
Kept alive by prayer and hope we open our throats  
Refuse to let the smoke swallow us we recall South African sunsets  
Let the song rise and roll through us  
As I am blessed, my sister's hands settle on my head, I take a deep breath and hope for the best.

God Bless you and yours this week.


Fr. Pat

# Become the Beloved

As long as “being the Beloved” is little more than a beautiful thought or a lofty idea that hangs above my life to keep me from becoming depressed, nothing really changes. What is required is to become the Beloved in the commonplaces of my daily existence, and bit by bit to close the gap that exists between what I know myself to be and the countless realities of everyday life. Becoming the Beloved is pulling the truth revealed to me from above down into the ordinariness of what I am thinking of, talking about, and doing from hour to hour.



## MASS INTENTIONS THIS WEEK

Sunday 31st January	8am – People of Parish 9.30am - Mary Smith RIP 11.30am – Kitty Kelly RIP 6.30pm – Nancy Bracken RIP
Monday 1st February	9am – Thanksgiving (Peminte)
Tuesday 2nd February	9am – Diana Branley RIP
Wednesday 3rd February	9am - Joseph Burns RIP
Thursday 4th February	9am – Ints Michael and Sam Donovan RIP
Friday 5th February	9am – Holy Souls
Saturday 6th February	9am – Joseph Burns RIP and John Burns RIP (recently deceased) 6.30pm - Ints Michael and Sam Donovan
Sunday 7th January	8am – People of Parish 9.30am - Paul Bloomberg RIP 11.30am – Barney Duffy RIP 6.30pm David Mc Carron RIP.
 Wednesday 9am Mass and the Sunday 11.30am Mass will be live streamed via our YouTube Channel at <a href="http://tiny.cc/OLOLE11">http://tiny.cc/OLOLE11</a>	

Please remember your face coverings when attending Mass and to sanitise your hands on your arrival and as you leave the church. If you have the NHS COVID 19 app on your smartphone, please scan the church QR code every time you visit the church.

## **RIP**

Catherine Corti Reception of body into Church 6pm Thursday 11th February. Funeral Mass 9.30 am 12 February.

Moya Doyle Reception of body into Church 6pm Monday 15th February. Funeral Mass Tuesday 16th February 10am.

Sondaye McLoughlin. Service Manor Park Cemetery Wednesday 17th February 10am.

Pat Hetherington Reception of body into Church 6pm 1<sup>st</sup> March. Funeral Mass 9am Tuesday 2nd March.

Gerard Crosby Funeral Mass 3rd March 10.30am.

Our condolence and prayers to the families and friends of the deceased. May they rest in peace and rise in glory.

**THE PRESENTATION OF THE LORD** Tuesday of this week is the feast of the Presentation of the Lord or Candlemas Day. Candles blessed at 9am mass.

Wednesday is the feast of St Blaise and Throats will be blessed after 9am mass.

Sunday is World Day of Prayer for consecrated life. We pray for the two communities of Sisters in our parish...Mercy Sisters and Sisters of the Assumption.

**PRAYERS PLEASE** This week can we pray for all whose anniversary of death occurs this week, for the sick and housebound, for all in our nursing and care homes, for those in hospital and all NHS staff, for our schools staff and pupils, and for all who have asked for the prayers of the community.

**SICK AND HOUSEBOUND.** There are several parishioners suffering from COVID-19, some of these are ill at home and some in hospital. Please continue to pray for them all

**LIVE STREAMED WEDNESDAY MASS.** We continue this week to streamline mass on Wednesday at 9am. To access please access us via our YouTube Channel at <http://tiny.cc/OLOLE11>

**WHAT IS CAREER PATHWAYS?** Career Pathways is the newest service in Scope's Employment division. We work with 16 – 25-year-olds who identify as disabled or having a mental or physical health condition or impairment who live in England and Wales. If you know students who meet these criteria and would be interested in discussing or working towards any career goals or aspirations, then we would be delighted to hear from them. Other than the above criteria, there are no further eligibility requirements e.g. students do not need to have an EHCP etc. We can use whichever platform they prefer and offer an initial session, followed by 3 1:1 sessions in a 6-month period with an adviser, either myself or my colleague Gina. The session is entirely led by the student themselves and we are guided by what they would like to discuss. As well as CVs, applications and study options we can also support with Saturday job applications, finding relevant voluntary positions or explore their individual skills. At the end of each session, an Action Plan is created to provide guidance on how to move forward. We hope that, by the end of the three sessions, students will have a clearer idea how they would like to focus their attention and links or connections they might wish to explore further. Please note: Any Year 11 students who are interested but have not yet reached their 16th birthday then we can have an initial session/discussion but will need to wait until they are 16 for their first session to occur. For all referrals under 18, we would require parent/guardian consent. Visit <https://www.scope.org.uk/employment-services/career-pathways> or more information.

### **MENTORING WITH DELOITTE FOR STUDENTS AND YOUNG PEOPLE AGED**

**18+** If you know any students aged 18+ who might benefit with additional 1:1 support from a mentor, we are launching a new mentoring programme with staff members from Deloitte. This gives students an opportunity to meet with a professional to support them in confidence, job applications, sector information etc. Once again, the session is student led and, after an initial matching session with their adviser, the mentor and mentee are responsible for arranging their own sessions (minimum of 3).

**DELOITTE CAREER SHAPERS INFORMATION** This is an annual event run by Deloitte for customers of partner organisations, including Scope. Here is information for young people and please do get in touch if you can identify any suitable candidates.

Are you in Year 12 and looking for work experience? Deloitte are offering three intensive but great fun, days of discovery on their Career Shapers programme. If you're excited by the many possibilities on offer at Deloitte, then Career Shapers is an ideal taster. You'll discover what you could be doing if you joined Deloitte's Apprenticeship or Graduate programmes.

Learn how to step up into leadership, immerse yourself in case study action, and leave with the potential to apply to a full-time job. Career Shapers will be a virtual insight event taking place from Monday 26th July – Wednesday 28th July 2021 and is open to Year 12 students who meet Deloitte's minimum academic requirements: a Level 4 GCSE English Language, Level 6 GCSE Mathematics and predicted 104 UCAS points.

**ASK YOUR MP TO SIGN A PARLIAMENTARY MOTION CALLING ON THE GOVERNMENT TO INTRODUCE NEW GUIDANCE ON FETAL PAIN** A new parliamentary motion (EDM 1340) is calling on the Government to introduce new guidance on fetal pain. The evidence that babies can feel pain in the womb, and during many abortions, highlights the humanity of the unborn child and provides another important reason to introduce legislation to protect the unborn child from abortion.

Right To Life UK have set up an easy-to-use tool which makes it simple to contact your MP, and ask them to sign this motion calling on the Government to introduce new guidance on fetal pain. It only takes 30 seconds using this easy-to-use tool. This tool can be accessed by visiting the link below:

[www.righttolife.org.uk/FetalPainMotion](http://www.righttolife.org.uk/FetalPainMotion)

**SS Peter & Paul's Catholic Primary School**  
*The Good Shepherd Catholic Trust*  
Gordon Rd, Ilford, IG1 1SA  
Tel: 020 8478 1267  
e-mail : [office@sspeterandpauls.redbridge.sch.uk](mailto:office@sspeterandpauls.redbridge.sch.uk)  
[www.sspeterandpauls.redbridge.sch.uk](http://www.sspeterandpauls.redbridge.sch.uk)  
Headteacher : Mrs S Johnson

**Officer Manager Required for February 2021.**

The Head teacher and Governing Body are looking to appoint an enthusiastic person to join our admin team; you must have experience of working in a school office environment.

The post is initially fixed term; however there is the possibility of this being extended.

1<sup>st</sup> March 2021 to 31<sup>st</sup> August 2021.

The hours will be: 36.5 hours per week during term time, plus 5 INSET days.  
8.00am-4.15pm

The salary will be inclusive hourly rate (LBR6)

CV's to the school office at the above email address/postal address.  
Please ask for an application and information from the school office.

Closing date: 5<sup>th</sup> February 2021  
Interviews: 11<sup>th</sup> February 2021

**PARISH FINANCES** Contributions to the parish can be made via a page on the Brentwood Diocesan website at:

<https://www.dioceseofbrentwood.net/donations/?parish=wanstead> or by scanning our QR code with your smartphone and selecting “General Offertory”.



You can, if you prefer, make a payment directly into the parish bank account using online banking. You will need to set up the OLOL Wanstead Parish as a payee on your online banking app or internet page.

The Parish Bank details are as follows:

<b>Account Name:</b>	<i>Catholic Church Wanstead Our Lady of Lourdes</i>
<b>Sort Code:</b>	<i>40-13-22</i>
<b>Account number:</b>	<i>71018973</i>



The parish is on Facebook & Twitter **@OLOLE11** and on Instagram at **@OLOL\_E11** please follow and like these pages and ask your family and fellow parishioners to do the same.