

WEEKDAY / SUNDAY MASS TIMES & INTENTIONS

TWENTY- EIGHTH SUNDAY IN ORDINARY TIME (A) (DAY OF PRAYER FOR PRISONERS AND THEIR DEPENDANTS)

SUNDAY	9.30am	Michael & Stephen Crowley RIP
11th October	11.30am	People of Parish
		Live Streamed www.tiny.cc/OLOLE11
	6.30pm	Alastair Craig RIP

Ss ETHELBURGA, HILDELITHE & CUTHBERGA, Rel

MONDAY	9.00am	Holy Souls
12th October		Church open 8.45am until 10am

FERIA

TUESDAY	9.00am	Mary Quigley RIP
13th October		Church open 8.45am until 10am

FERIA

WEDNESDAY	9.00am	Ints Mary Cotter
14th October		Church open 8.45am until 10am

ST TERESA OF JESUS (AVILA) V, Rel, D

THURSDAY	9.00am	Deceased family C.P Gomez and M.D. Khan
15th October		Church open 8.45am until 10am

FERIA

FRIDAY	9.00am	Natasha Tuitt RIP
16th October		Church open 8.45am until 10am ADORATION UNTIL NOON

ST IGNATIUS OF ANTIOCH, Bp, M

SATURDAY	9.00am	Joe Scanlon RIP
17th October	10.00am	Confessions (Church open at 9.45am)
	5.30pm	Confessions
	6.30pm	Ints Tina McLean

TWENTY- NINTH SUNDAY IN ORDINARY TIME (A) (WORLD MISSION DAY)

SUNDAY	9.30am	Tina Pinagli RIP
18th October	11.30am	Ints Chris Curtis
		Live Streamed www.tiny.cc/OLOLE11
	6.30pm	People of Parish RIP

OUR LADY OF LOURDES

Twenty -eighth Sunday in Ordinary Time (A)

10th & 11th October 2020



"Invite everyone you can find to the wedding."

PARISH TELEPHONE NUMBER - 020 8989 2074

E-mail address wanstead@dioceseofbrentwood.org

Website www.ourladyoflourdeswanstead.com

Parish Facebook Page is at www.facebook.com/OLOLE11

YouTube Channel at www.tiny.cc/OLOLE11

Pastoral Team - Reverend Patrick J. Sammon, Reverend Adrian Lowe
Parish Secretary - Daniella Tarr
Pastoral Assistants - Carmel Docherty, Frank Adesegha.
Chair of Parish Council - Fiona Christison
OLOL Site Manager - Bernie Dando
Pastoral Centre Caretaker - Camille Mouquet
Catechetical Co-ordinator - Michaela Mouquet
Headteacher OLOL School - Ruth Boon
Steward of the Gospel - Anne-Marie Fox

Dear Parishioners,

A few weeks ago, I wrote about SOAP in the newsletter, the acronym that can help us to read scripture or do a simple bible study (SOAP stands for Scripture, Observation, Application and Prayer). Acronyms can be a useful way to remember things - ask anyone trying to memorise something for an exam!

Another useful acronym to help with our spiritual lives is ACTS. Often when we pray it can be difficult to concentrate on what we are saying, or we get distracted and drift off into thinking about something else. God understands and accepts our prayers as they are, but ACTS can help us keep focused and on track, really helping us to make the most of our time spent with the Lord.

So, what does ACTS stand for? It isn't the book of Acts in the bible, but rather four letters which stand for different types of prayer.

A is for Adoration - spending some time adoring God and telling him that we love him simply for who he is, not for what we can receive from him.

C is for Contrition - we call to mind our sins, repent and express our sorrow.

T stands for Thanksgiving - we think of the blessings we have received and thank God for them.

Finally, S is for supplication - we pray for the needs of others and ourselves.

We pray our way gently through these four stages spending any amount of time on each one from a few minutes to an hour.

Perhaps in the thanksgiving part we might like to think back of all the things that God has done for us in the last week, or month, or even longer! We can change the order of the four sections as well, if you prefer to start with contrition then the acronym could be CATS - contrition, adoration, thanksgiving and ending with supplicating for those whom we love and care for as well as for the needs of the world.

Prayer should never be burdensome or trouble us, and there are many wonderful ways to pray, but if you are someone who enjoys praying spontaneously but gets easily distracted, or even if you prefer to pray set prayers, try giving ACTS a go to help you to have a meaningful and focused time with God.

God bless, Father Adrian

NHS COVID-19 TRACK AND TRACE APP & QR CODE

Please could all parishioners download the NHS COVID-19 Track and Trace App onto their phones or devices before attending masses or visiting the church. We have NHS QR code posters situated at entry points around the church, so that you may scan them using the app upon entry to the church or the Pastoral centre. This will easily help to check in to the church and enable us to keep parishioners safe during this time and help to stop the spread of COVID-19.

For more information and a link to download the app, please use this website: www.covid19.nhs.uk

PARISH FINANCES - PAYMENT METHOD

Contributions to the parish can be made via a page on the Brentwood Diocesan website at:

www.dioceseofbrentwood.net/donations/?parish=wanstead

or by scanning the following QR code with your smartphone and selecting "General Offertory".



You can, if you prefer, make a payment directly into the parish bank account using online banking. You will need to set up the OLOL Wanstead Parish as a payee on your online banking app or internet page. The Parish Bank details are as follows -Bank: HSBC
Account Name: Catholic Church Wanstead Our Lady of Lourdes
Account number: 71018973 Sort Code: 40-13-22

PLEASE NOTE

Saturday morning mass is resuming at 9am on 17th October.
We hope to see many more of you returning to church.
Welcome back!

VISITATION OF THE SICK & HOUSEBOUND

Care of the sick and housebound is a priority for priests. Unfortunately, since he is over 70 years old, Father Pat is prohibited from visiting homes, hospitals and nursing homes. But Father Adrian can do this work. If you know someone who would like a visit, speak to one of the priests please.

PRAY FOR THE SICK & HOUSEBOUND

Robert Britt-Hazard, Steve Britt-Hazard, Pat Hetherington, Noreen Cavanagh, Justina Paul, Mary O'Riordan, Anne Silcock, Norma Cohen-Johnson, Olive Flynn, Bridie Connolly, Glafira D'Souza, Violet Ruttlidge, Mary P. Sullivan, Bridie Halligan, Finbar O'Regan, Mikey McDonagh and Mimi Bacon.

{If you wish to include the name of a sick and housebound person, please contact the parish office}.

RIP ANNIVERSARIES

Mrs. Kathleen Soul, Mrs. Helen Hobin, Sister Imelda Walsh (St. Joseph's Convent), Kaliyana Wathie Harriet Phillip, Dr. John Clougherty, Austin Martin, Kathleen Grant, Joan Ryan, Ah Chai Youn Taikie, Mrs. Margaret John, Michael Reddan, Monsignor Canon Christopher Denis Creede (P.P. OLOL 1970-2000), Winifred Prior, Dominic Gerrard Corry, Thomas Higgins, Mrs. Sheila Potten, Amy Parsons, Hilda Powell, George Donovan, Terence Dignon, Stephen O'Connor, John Speight, Mrs. Majczyk, Miss Noreen O'Donoghue, Peggy Hardy, Giselle Juliet Linsell, Ann Maria Reilly, Marie Witchell & Veronica Anne McCarthy.

PRISONERS SUNDAY

This year, on October 11th, we mark Prisoner's Sunday, the national day of prayer and action for prisoners and their families. This Prisoner's Sunday, like so many other things this year, comes at a time of immense challenge for our church, our nation, and our world. It is a day on which we are called, very particularly, to direct our thoughts and prayers to prisoners, their families and their children. Prisoner's Sunday provides an important opportunity to reflect on the ways we can make a difference to the lives of those affected by the criminal justice system.

FACE MASKS IN CHURCH- PLEASE NOTE

It's not enough to come with your masks and wear them *IF* you are not wearing the mask appropriately, this is still putting others at risk. Please wear your mask correctly over both your mouth and nose to safeguard yourselves and those around you.

The wearing of face masks is now a legal obligation as directed by the Government, please make every effort to do your part to stop the spread of COVID-19 in our borough so we can avoid further measures that will impact us all. Many thanks for your co-operation.

CERTIFICATE OF CATHOLIC PRACTICE

Due to COVID-19 and the health and safety of people, Father Pat will not be available to see parents face-to-face to endorse applications. If you wish to apply for a Catholic school, complete the certificate of Catholic Practice, bring it with you to mass and hand it to Father Pat personally after mass. If you do not attend mass and do not fulfill the admissions criteria of a Catholic school send your application to the school directly.

SACRAMENTAL PREPARATION 2020/2021

1st Holy Communion

Please contact Michaela for any queries on:
michaelaololcc@gmail.com

Confirmation

Any young person in Year 10 or above who is interested in preparing for the Sacrament of Confirmation this year should, in the first instance, contact Michaela: michaelaololcc@gmail.com
We are still planning how we will organise the Confirmation programme this year.

WELCOME

We welcome into the family of God - Sorcha Grace Chapman, Freja Boon and Benjamin Stefan Ambrose, who were baptized recently.

CONGRATULATIONS!

Congratulations to the following young men and women from our community who received their Confirmation at Our Lady of Lourdes, Wanstead, this week:

Orla Hannant-Clune, Frank Hannant-Clune, Thady Hannant-Clune, Tavie Bexley, Joseph Connole, Imogen Linnane, Michael Azubike, Sasha Flack, Mia Keen & Kate Dempsey.

FIRST HOLY COMMUNION CERTIFICATES

Children who received First Holy Communion recently, will be contacted by Michaela with a date to come and collect them, to ensure social distancing.

BAPTISMS

Those wishing to arrange baptisms, please email or phone the Presbytery to make an appointment with one of the priests. Baptisms are now taking place but with restricted numbers attending.

WEDDINGS & FUNERALS

Weddings and funerals can now take place, with restricted numbers, COVID restrictions in place and social distancing to be observed.

RCIA-About Being Catholic

The next meeting will be on Monday 19th October at 8pm in the Booker Room in the Pastoral center.
RCIA is the process by which those who wish to find out more about the Catholic Church and its teaching may do so. There is no commitment required for some time, the invitation is come and see. Perhaps you could encourage someone to attend and come with them, social distancing observed.

ITEMS OF INTEREST

MISSIO - WORLD MISSION SUNDAY

Next Sunday is World Mission Sunday, when the Holy Father invites all Catholics to contribute to a special collection for Missio, his charity for world mission. Please support Missio in helping missionaries to work alongside communities throughout the world that are poor or in need, regardless of their background or belief. Join in on this special day that unites Catholics all over the world in prayer and celebration of our Church's mission to share God's love with all people - 'Here I am, send me!'. Please call 020 7821 9755 (office hours) or visit Missio's website to give a single gift, set up a Direct Debit and Gift Aid your donation, if possible: www.missio.org.uk Thank you.

TRINITY CATHOLIC HIGH SCHOOL VACANCIES

- P/T HoD Psychology & Sociology with TLR (Maternity cover) January 2021
- P/T to F/T Teacher of Religious Education - January 2021
- P/T Chaplain - January 2021
- School Day Student Supervisor

Please visit the school's website for more details:
<https://tchs.uk.net/vacancies/index.html>

Trinity Catholic High School is committed to safeguarding children; successful candidates will be subject to an enhanced Disclosure and Barring Service check.

For enquiries please contact:

Sam Gillary
HR Administrator
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sgillary@tchs.uk.net

