

## WEEKDAY AND SUNDAY MASS TIMES AND INTENTIONS

### MASSES MONDAY 23<sup>RD</sup> MARCH - SUNDAY 29<sup>TH</sup> MARCH

MASS INTENTIONS WILL BE CELEBRATED PRIVATELY EACH DAY  
BY FATHER PAT WITH NO CONGREGATION IN ATTENDANCE.  
THIS IS TO COMPLY WITH THE REQUEST OF THE BISHOP'S  
CONFERENCE ENGLAND AND WALES.  
BELOW ARE THE MASS INTENTIONS FOR THIS WEEK

#### FERIA

#### NO PUBLIC MASS TODAY

MONDAY  
23<sup>rd</sup> March 9am-10am Natasha Tuitt RIP  
Exposition of the Blessed Sacrament

#### FERIA

#### NO PUBLIC MASS TODAY

TUESDAY  
24<sup>th</sup> March 9am-10am John Gallagher RIP  
Exposition of the Blessed Sacrament

#### THE ANNUNCIATION OF THE LORD

#### NO PUBLIC MASS TODAY

WEDNESDAY  
25<sup>th</sup> March 9am-10am Julia Brooks RIP  
Exposition of the Blessed Sacrament

#### FERIA

#### NO PUBLIC MASS TODAY

THURSDAY  
26<sup>th</sup> March 9am-10am Sheila Bates RIP  
Exposition of the Blessed Sacrament

#### FERIA

#### NO PUBLIC MASS TODAY

FRIDAY  
27<sup>th</sup> March 9am-9pm Cecelia Melia RIP  
Exposition of the Blessed Sacrament

#### FERIA

#### NO PUBLIC MASS TODAY

SATURDAY  
28<sup>th</sup> March 9am-10.30am Molly Armour RIP  
Church open for Prayer  
5.30pm-7pm Church open for Prayer

#### FIFTH SUNDAY OF LENT (A)

#### NO PUBLIC MASS TODAY

SUNDAY  
29<sup>th</sup> March 9am-12noon Joan Cameron RIP  
Church open for Prayer  
5.30pm-7pm Church open for Prayer

# OUR LADY OF LOURDES

## Fourth Sunday of Lent

### 21<sup>st</sup> / 22<sup>nd</sup> March 2020



*He went off and washed himself, and came away with his sight restored*

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Website [www.ourladyoflourdeswanstead.com](http://www.ourladyoflourdeswanstead.com)

Parish Facebook Page is at <https://www.facebook.com/OLOLE11>

Pastoral Team - Reverend Patrick J. Sammon  
Pastoral Assistants - Carmel Docherty, Frank Adesegha.  
Chair of Parish Council - Fiona Christison  
OLOL Site Manager - Bernie Dando  
Pastoral Centre Caretaker - Camille Mouquet  
Catechetical Co-ordinator - Michaela Mouquet  
Headteacher OLOL School - Mr. Eddie Cottle  
Headteacher St. Joseph's School - Mrs. Sheila Birtles  
Steward of the Gospel - Anne-Marie Fox

## ***Dear People of Our Lady of Lourdes Parish,***

*As I begin to write this note, in these strange and unprecedented times, the words of St. Paul to the Romans are apt.*

*“Can anything separate us from the love of Christ – can hardship or distress, or persecution, or lack of food or clothing, or danger or the sword? As it is written: For your sake we are being put to death all day long, reckoned as sheep to be slaughtered. No, through him who loved us, we are more than conquerors in all these things. For I am convinced that neither death nor life, nor angels nor rulers, nothing already in existence and nothing still to come nor any power, nor any height or depths, nor any other created thing will be able to separate us from the Love of God in Christ Jesus our Lord”.*

*We are catholic people and because of our faith we must respond to this pandemic in a spiritual way – as well as of course, a human and practical way. It is a time to come together, to stick together and to pray together.*

*For the first time in living memory, we will not celebrate Sunday Mass in Our Lady of Lourdes church. The Eucharist, which is the source and summit of our lives as Catholics, sustains us in good and bad times. The next best thing we can do is to keep our church open for prayer and the celebration of daily Mass (which will be celebrated privately with nobody in attendance). We pray for a quick solution to this enormous problem, which is affecting the whole world.*

*Lent is a time of prayer and penance. We will remember this Lent for many years to come. I shall celebrate Mass each day alone but will be united with all parishioners in prayer as I remember you at the Altar. The following arrangements will apply in this parish until further notice.*

***MONDAY-THURSDAY*** : The church will be open 9am-10am and Exposition of the Blessed Sacrament will take place. Please come and pray but keep a good distance away from your neighbour. Candles may be lit and prayer leaflets will be available.

***FRIDAYS*** : The Church will be open all day from 9am-9pm for Exposition of the Blessed Sacrament. Please put your name on the list for an hour of prayer.

***SATURDAYS*** : The church will be open from 9am to 10.30am and from 5.30pm-7pm. Come and pray during these times.

***SUNDAYS*** : The church will be open on Sundays from 9am to 12noon and from 5.30pm-7pm. Come and pray during these times.

### **THE HIGHAMS PLAYERS**

The play 'Death by Fatal Murder' has been cancelled due to the Coronavirus. We hope to be able to put the play on in November.

### **RED MISSION BOXES**

These form an important part of our fundraising for the missions and we are grateful to the many households who continue to support this work. There are some extra Red Mission boxes available in the church foyer, so please take one and start collecting. If you have a Box that is full, bring it in to be emptied and counted. We are currently updating our parish records, if you are a Red Box holder or would like to become one, please contact Joan Stears by email at [joann.stears@hotmail.co.uk](mailto:joann.stears@hotmail.co.uk)

### **Postponement of Brentwood Diocesan Education Service Events**

*Given the evolving situation in relation to the Corona Virus we have taken the decision to postpone some training and planned BDES events in order that we can provide early notification and avoid any risk to health or confusion about whether something is running or not. We are therefore postponing all training and BDES events between Saturday 21<sup>st</sup> March 2020 and Wednesday 29<sup>th</sup> April 2020 inclusive. We will review the situation before the Easter break and make a further decision about training and events after 29<sup>th</sup> April 2020 at that point. We apologise for any inconvenience this may cause.*

### **SACRAMENTAL, CATECHETICAL, LITURGICAL, SPIRITUAL, PARISH**

**#ALL HALL BOOKINGS AND GROUPS SUSPENDED UNTIL FUTHER NOTICE#  
(INCLUDING THOSE BELOW WITH THE EXCEPTION OF CONFESSION)**

**ADORATION** - Fridays 9.30am-4.00pm & 7.00pm-9.00pm (unless notice of changes)  
**BEREAVEMENT GROUP** - Last Thursday in the month 2pm-4pm in the Pastoral Centre.  
**BAPTISM COURSE** - The Baptism course is held bi-monthly and comprises two sessions usually on consecutive Thursdays at 7.45pm in the Pastoral Centre. Next Course 7/14 May.  
**CHOIR JUNIOR** - Practice on Monday evenings 7.15-8.00pm in the Hall  
**CHOIR SENIOR** - Practice on Thursday evenings at 8pm in the Church.  
**CONFESSIONS** - Saturday 10am and 5.30pm  
**DIVINE MERCY** - Tuesday evenings 7.30pm in Booker Room.  
**LIFE IN THE SPIRIT** - Second Friday in each Month at 7.45pm  
**MEDITATION** - Wednesday evenings 8pm Pastoral Centre Mark Room.  
**PLAYGROUP UNDER 5's** - Every Tuesday in Term time 1.00pm-2.45pm.  
**SHEILA LOVELL CLUB** - Meets every Wednesday 1.30pm Hall.  
**SUNDAY TEAS** The next Sunday Refreshments after 9.30 Mass to be advised.  
**WEDNESDAY TEAS** - Wednesday mornings after 9.00am Mass in the Hall.  
**WORD OF GOD GROUP** - Wednesday morning 10am-11am Booker Room.

### **MINISTRY TO THE SICK AND HOUSEBOUND**

Please note Holy Communion will not be taken to the sick and housebound for the foreseeable future. Private arrangements may be made with Father Pat.

## REFLECTION

### PANDEMIC

What if you thought of it as the Jews consider the Sabbath –  
The most sacred of times?

Cease from travel.

Cease from buying and selling.

Give up, just for now,  
on trying to make the world different than it is.

Sing. Pray.

Touch only those to whom you commit your life.

Centre down.

And when your body has become still,

Reach out with your heart.

Know that we are connected in ways

That are terrifying and beautiful.

(You could hardly deny it now).

Know that our lives

Are in one another's hands.

(Surely, that has come clear).

Do not reach out your hands.

Reach out your heart.

Reach out your words.

Reach out all the tendrils of compassion  
That move invisibly, where we cannot touch.

Promise this world your love –

For better or for worse,

In sickness and in health,

So long as we all shall live.

Lynn Ungar.

*The Sacrament of Reconciliation (Confessions) will be available on request and in the Church on Saturdays at 10am and 5.30pm. You are free to come and pray the Stations of the Cross at any time during the aforementioned opening hours. Booklets available. No public Friday Stations of the Cross.*

*I am making arrangements at the present time to install technology in the church so that Mass can be live-streamed. This will take a little while ~ more information later. Meanwhile Mass will be live-streamed from SS Peter and Paul Church Ilford at 9.30am on Sundays, Our Lady's Shrine Walsingham, Our Lady's Shrine in Knock Ireland and from the Vatican. I am sure from other places if you wish to google. Parishioners are encouraged to pray each day with children and to say the rosary, maybe one decade with the family. In so far as possible the pastoral work of the parish will continue. I shall be available every day to assist in any way possible.*

*Please comply with the law and requests made by the Government – take care to ensure social distancing (that is keep a clear distance from others with minimal social contact).*

*Above all at this time do not lose heart or hope, trust in God and Our Lady, say your prayers and get your children to pray with you. It is to the gracious intercession of our Blessed Lady of Lourdes that I commend our parish as we say goodbye for a while but keep together at the same time.*

### **PRAY, HOPE AND DON'T WORRY.**

*"I saw Satan fall like lightning from Heaven. Yes, I have given you power to tread underfoot serpents and scorpions and the whole strength of the enemy, NOTHING SHALL EVER HURT YOU (Luke 10, 18-19).*

*With my love, blessing and assurance of prayers.*

**Father Pat**

### **MARRIAGE MATTERS**

Today's Scripture Quotation for married couples: ([www.twoinoneflesh.org.uk](http://www.twoinoneflesh.org.uk)).

**Fourth Sunday of Lent** (1 Sam 16:1, 6-7, 10-13 Eph 5:8-14 John 9:1, 6-9,13-17, 34-38)

**Stop, See and Be Aware** ~ God was aware of David's adultery with Bethsheba, Uriah's wife, and how he arranged Uriah's murder to cover his sin. Amid political and business 'cover ups' in today's world, it's important to 'stop and see' – the beauty of nature, the beauty and goodness of your spouse. Don't be too busy to recall the joys you have brought to each other.

We are aware that a large section of our parish may find themselves self-isolating over the next few weeks. We have created a team to assist you if you need anything during this time. We can help with shopping, collecting prescriptions or just a friendly telephone call if you fancy a chat. If you request it, we can also deliver you the weekly newsletter! Please call the following parishioners who will either help you themselves or pass your details to other willing parishioners who have volunteered to be part of this team.

Louise Parker [07792 420 321](tel:07792420321)

Fiona Christison [07812 766 082](tel:07812766082)

Suzi Hartnett [07917 670 664](tel:07917670664)

**“United with Christ, we are never alone” Pope Francis**

### **PARENTS AND CHILDREN**

Please find a link to the Diocesan news page, where we have published an article with recommendations for parents with school-aged children to enable them to continue to worship in the home, and continue to mark the season of Lent / Easter period with their families without gathering publicly for mass.

<https://www.dioceseofbrentwood.net/news/domestic-church-resources-parents-covid-19/>

### **USEFUL LINKS**

<https://www.churchservices.tv/ilford>

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

### **MONTHLY REFUGEE FOOD COLLECTION**

The next food collection for refugees will be weekend 28<sup>th</sup>/29<sup>th</sup> March. We would be grateful for donations of tinned or dried food. Please leave these at the back of the church near the repository. However, please note the times that the Church will be open. Thank you for your continued support.

### **TRINITY CATHOLIC HIGH SCHOOL - VACANCIES**

- Teacher of Computing F/T, Plus TRL2b £4,662, September 2020.
- Teacher of Computing P/T, 0.6FTE, September 2020.
- Teacher of Business & Economics, Plus TRL2c £2,796, September 2020.
- Teacher of English, April 2020.
- Teacher of Religious Education, May or September 2020.
- Teacher of Mathematics, Plus TLR2c £2, 796, September 2020.

MPS/UPS– Outer London Teachers’ pay scales. Trinity Catholic High School is committed to safeguarding children; successful candidates will be subject to an enhanced Disclosure and Barring Service check. Please visit the schools website.

***RIP*** - Please pray for the repose of the soul of:-

***Tony Aked ~ Our sympathy and prayers to Margaret ~ Funeral arrangements to follow.***

***Margaret McQueen – Funeral Service in Forest Park Crematorium 12 noon Tuesday 31<sup>st</sup> March.***

***Our sympathy and prayers to the families of the deceased. May they rest in peace.***

### **RIP ANNIVERSARIES**

Vincent Hynes, Louis Lee, Violet Meekoms, Mabel Carne, Joseph Kelly, Joan Murphy, Evelyn Campbell, Joseph Keeley, Dr Paddy Lynch, Geoffrey Parr, Peter McDonald, Jim Duffy, Bruno Rossi, Maureen Devlin, Ernest Smith, Thomas Hawley, Maria Silva, Harold Rost, Mark Robinson, Joseph McElwaine, Elizabeth Ridpath, Sheila Sweeney, Catherine Crowhurst, Catherine Blake, Kim Hart, Sister M Gertrude, Helen Kelly, Gordon Smith, Dr Patrick Hurley, Mary Lascelles, Larry Alders, Roy Tucker, Sister Marie Pycroft, Mary Twitchett, Michael Todd, Aongus O’Carroll, Mollie Gleeson, William Axe, Jane Bennett, Tony Greck, Anthony Kelly, Bertie Sweeney, Mary Popielarz, Joan Raycroft.

### **PRAY FOR THE SICK**

Denis Raines, Katie Cox, Peter Hain, Mrs Crolley, Carl Dean, Robert Britt-Hazard, Mary Martin, Mrs Caridan, Pat Hetherington, Julia Taylor, Christopher Browne, Justina Paul, Maureen Walker, Gerald Foreman, Mary O’Riordan, Grace Smith, James McGovern, Pauline McKenna, Ann Silcock, Katharine Bramwell, Norma Cohen-Johnson, Connor Colgan, Bridie Connolly, Simon Griffith, Mary Oldcorn, William Roche, Glafira D’Souza, Prem Kumar Menon, Sister Bernadette, Violet Ruttledge, Mary P Sullivan, Tony Aked, Peter Fagan, Edgar De Souza, Christopher Gillham, Bridget Hughes, Tess Doyle, Tracie Jones, John Dimoni.

### **IS YOUR HEART: BROKEN? LOST? STUCK?**

Did a death, divorce or the end of a romantic relationship cause it? Or was it caused by any of the forty other losses that a person might experience such as moving, pet loss, change in finances? The Grief Recovery Method teaches you how to recover from loss with supportive guidance every step of the way. As a certified Grief Recovery Specialist, I will be running 1:1 sessions and group programmes in and around the Wanstead area. I will also be setting up programmes for pet loss and helping children deal with loss. If you would like to find out more, please contact Louise Russell on 07949100831. Time alone will not heal your broken heart.

[Louisegriefrecoveryspecialist@gmail.com](mailto:Louisegriefrecoveryspecialist@gmail.com)

### **SYRIAN REFUGEE CROWDFUNDER**

Our Lady of Lourdes, Wanstead Parish, St Mary’s Woodford, St Gabriel’s and St Peter’s-in-the-Forest are raising funds to sponsor a refugee family fleeing war in Syria and bring them over to a new, safe, home within our wonderful Wanstead community. If you’re looking for a way to give this Lent, this is it.

[www.crowdfunder.co.uk/wanstead](http://www.crowdfunder.co.uk/wanstead)